

WHAT'S FOR LUNCH?

WEEK 1

w/c:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN OPTION 1

Tomato Pomorola
GLUTEN (WHEAT), SULPHITES

Jerk Chicken
SOY, SULPHITES

Jacket Potato

Beef Bolognaise with
Spaghetti
Wheat

Crispy Battered Fish
FISH, GLUTEN (WHEAT)

MAIN OPTION 2

Summer Pasta Salad
GLUTEN (WHEAT), MILK,
SULPHITES

Jerk Cauliflower
SOY, SULPHITES

Jacket Potato

Vegan Bolognaise with
Spaghetti
Wheat

Spring Vegetable Fritter

VEGETABLES

SEASONAL VEGETABLES AND SALAD BAR ARE AVAILABLE DAILY. BOTH ARE INCLUDED WITH A MAIN MEAL

SIDES

Freshly Baked Focaccia
GLUTEN (WHEAT)

Jollof Rice

Tuna Mayo, Beans,
Cheese
FISH, MILK

Selection Veg

Skin on Chips
Herby Peas

DESSERT

Yoghurt and Fresh Fruit
MILK

Yoghurt and Fresh Fruit
MILK

Maryland Cookie
GLUTEN (WHEAT)

Yoghurt and Fresh Fruit
MILK

Yoghurt and Fresh Fruit
MILK

A SELECTION OF BREAKFAST, BREADS, FRESH FRUIT AND YOGHURT AVAILABLE EVERY DAY

ALLERGY FREE OPTIONS OF ALL MEALS AVAILABLE - PLEASE SPEAK TO YOUR SCHOOL CHEF

Week Commencing: 4th May, 1st June, 22nd June, 13th July

CHEFS IN SCHOOLS 

WHAT'S FOR LUNCH?

WEEK 2

w/c:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	Mac n Cheese With crispy onions GLUTEN (WHEAT), MILK	Chicken Curry	School-made Pizza 1 GLUTEN (WHEAT), MILK	Squash and Red Lentil Dahl	Crispy Battered Fish FISH, GLUTEN (WHEAT)
MAIN OPTION 2	Orzo Pasta Salad GLUTEN (WHEAT)	Veggie Curry	School-made Pizza 2 GLUTEN (WHEAT), MILK	Sweet Potato & Pea Curry	Spring Vegetable Fritter
VEGETABLES	SEASONAL VEGETABLES AND SALAD BAR ARE AVAILABLE DAILY. BOTH ARE INCLUDED WITH A MAIN MEAL				
SIDES	Freshly Baked Focaccia GLUTEN (WHEAT)	Rice and Peas	Italian Salad SULPHITES Potato Wedges	Cous Cous GLUTEN (Semolina)	Skin On Chips Herby Peas
DESSERT	Yoghurt and Fresh Fruit MILK	Hulk Cake EGGS, GLUTEN (WHEAT)	Yoghurt and Fresh Fruit MILK	Yoghurt and Fresh Fruit MILK	Yoghurt and Fresh Fruit MILK

A SELECTION OF BREAKFAST, BREADS, SANDWICHES, FRESH FRUIT AND YOGHURT AVAILABLE EVERY DAY

ALLERGY FREE OPTIONS OF ALL MEALS AVAILABLE - PLEASE SPEAK TO YOUR SCHOOL CHEF

Week Commencing: 11th May, 8th June, 29th June

WHAT'S FOR LUNCH?

WEEK 3

w/c:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	Tomato Pasta Bake GLUTEN (WHEAT), MILK	Chicken Shawarma Kebab MILK	Vegetable Chilli SOY	Beef Lasagne GLUTEN (WHEAT), MILK	Crispy Battered Fish FISH, GLUTEN (WHEAT)
MAIN OPTION 2	Mackerel Pasta Salad FISH, GLUTEN (WHEAT)	Bang Bang Cauliflower SULPHITES	Aubergine Curry	Veg Lasagne GLUTEN (WHEAT), MILK	Spring Vegetable Fritter
VEGETABLES	SEASONAL VEGETABLES AND SALAD BAR ARE AVAILABLE DAILY. BOTH ARE INCLUDED WITH A MAIN MEAL				
SIDES	Freshly Baked Focaccia GLUTEN (WHEAT)	Maltese Potato Salad Tortilla GLUTEN (WHEAT)	Rice GLUTEN (WHEAT)	Garlic Bread	Skin On Chips Herby Peas
DESSERT	Yoghurt and Fresh Fruit MILK	Yoghurt and Fresh Fruit MILK	Jelly HALAL/VEGETARIAN	Yoghurt and Fresh Fruit MILK	Yoghurt and Fresh Fruit MILK

A SELECTION OF BREAKFAST, BREADS, SANDWICHES, FRESH FRUIT AND YOGHURT AVAILABLE EVERY DAY

ALLERGY FREE OPTIONS OF ALL MEALS AVAILABLE - PLEASE SPEAK TO YOUR SCHOOL CHEF

Week Commencing: 18th May, 15th June, 6th July

CHEFS IN SCHOOLS 