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Wednesday 12<sup>th</sup> June 2024

### Cuffley Camp Activity Centre-19th-21st June 2024- Final Arrangements

Dear parents and Carers,

We are fortunate enough to be leaving for our exciting residential visit to Cuffley Camp Activity Centre next Wednesday! Hopefully, we will have good weather! This letter is to inform you of some last-minute details and to answer any questions you may still have.

### The journey out and back

The coach will be leaving South Harringay at **9:30am** on Wednesday morning. Children should arrive at school at the normal time, where they will be registered and supported to load their bags onto the coach! Please feel free to return to school at approximately 9:25am, to say goodbye and wish the children a fun time! We are due to arrive at Cuffley Camp Activity Centre by approximately 10:30am; the children will be able to refresh themselves with a snack and a drink, therefore, a bottle of water and a small, light snack will be plenty for the journey. Ensure that the snack does not include nuts.

If your child suffers from travel sickness and you are providing them with travel sickness tablets, please make sure that they have taken their tablet **<u>before</u>** they arrive at school at 8:55am.

On the Friday, we leave Cuffley Camp at 3:30pm and aim to be back at school by 4:30pm. On the journey, we will keep in contact with the school in order to provide a more precise arrival time. You will be updated via our text messaging system.

### Medicine

Any prescribed medicine that your child needs **must be clearly labelled** with your child's name and handed in to their class teacher during registration on Wednesday morning. We will issue medication as per your instructions.

Likewise, if you are providing your child with a travel sickness tablet for the return journey, ensure that is clearly labelled and handed to the class teacher.

### **Electronic items and valuables**

To avoid loss or damage, no mobile phones, handheld games, digital cameras, or any other valuable devices, are to be brought on the trip. Similarly, any jewellery should be left at home. We shall ensure that we take plenty of photographs of the children throughout the experience.

### Luggage

Please ensure that you pack according to the attached kit list. Do not forget to pack a few extra pairs of underwear! Additionally, please ensure that you provide your child with a clearly labelled, re-fillable drinking bottle that can be taken along with them on activities. I have attached another copy of the kit list to this letter.

There is always the possibility of children getting wet during activities; please pack some bin liners, or sturdy carrier bags for dirty, or wet clothes.

We will be in regular contact with the school and you will receive daily text messages, via our online system, to keep you updated as to how the children are getting on. I'm sure that you will agree that this will be a fabulous experience for the children- one we hope they will treasure!

If you have any further questions, please do not hesitate to contact me.

Kind regards,

Kelli Assistant Head



# Kit List

We do stress that it is not necessary to go out and buy all new and expensive kit to come on our trips. If you have appropriate footwear and some warm clothes you will be fine, but just to be sure we have outlined the key items of kit below.

## **TOP TIPS FOR PACKING**

Try and pack your bags yourself so you know what you have brought with you

Casual, warm clothes are best. Clothing will get dirty and wet at times

During the warmer months please make sure you have some sunscreen and a hat. Label everything so that you can identify it. You would be amazed at how much is left behind

Do not bring expensive clothing or gadgets as they may get dirty or lost. We cannot be responsible for personal belongings

Please avoid bringing aerosol and other sprays, roll on type deodorant are fine

## **ESSENTIAL ITEMS TO PACK**

A bag or suitcase to carry all of your kit (please no bin bags!)		Small Rucksack
Nightwear – pyjamas etc.		Joggers/ leggings/Trousers (not jeans please)
T-Shirts		Warm Jumpers or Fleeces
Waterproof Jacket and Trousers		Warm Socks and Underwear
Footwear (2 pairs - Old Trainers and either walking boots or Welly's)		Towel and Washing kit
Reusable drink bottle (at least 1 litre)	]	Torch
Any medication you take such as an inhaler, please make sure it has your name on it		

## WEATHER DEPENDANT

Warm Hat

Warm Gloves

Sun Hat

Sun Cream

## STUDENT SUPERVISION

During the day we will group the student's into 15's with each group having an instructor and a member of staff from the school assigned to each group. Your instructor will stay with your group for the duration of the activities.

During the night students will share pods which each sleep 4, your school will inform you of who you are sharing with.

Each village will have teacher pods and they will be the first point of call in the night if any students need anything. We will have members of staff onsite too in case there is a wider issue.

Each pod village has it's own wash block for exclusive use.