



South Haringay School
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13th May 2024

Dear Parents/Carers,

Your child has been chosen to compete in the Year 5/6 Haringey Quad Athletics Tournament.

The tournament will be held at the New River Sports Centre on Monday 20th May 2024. Your child will leave school at 09:00 am and will return to school by 3.30 pm.

Your child will need to have a packed lunch on the day. Please make sure that your child's packed lunch is as healthy as possible with no nuts, glass bottles, crisps, chocolates, or sweets. If your child is normally free school meals, they will be provided with a packed lunch.

This event is an Athletics tournament on both a running track and a grass field. All athletes will compete in the 75m, 600m, Javelin and Long Jump. We will provide your child with a sports kit for the day, please provide your child with suitable footwear. They may also require sun cream/ a raincoat as we will be outdoors all day. They do not need to come to school wearing their school uniform.

If you can accompany the class on the trip, please could you let the office know that you are available. We will let you know if we need the assistance you have offered in advance of the trip. If no parents volunteer, we may not be able to attend this trip.

Yours sincerely,
Adam Alon
Head Sports Coach at South Haringay