

Friday 8<sup>th</sup> March 2024

Dear Parents and Carers,

Personal, Social and Health Education (year 4)

This term, as part of your child's Personal, Social and Health Education, they will be learning about the physical and mental changes that occur in the human body as they grow.

Year 4 will learn:

- How their body will, and emotions may, change as they approach and move through puberty
- That they may experience conflicting emotions and when they might need to listen to their emotions or overcome them
- About human reproduction in relation to life cycles
- describe the changes as humans develop to old age

Throughout each lesson any questions that your child may have about their development will be treated with the utmost care and sensitivity.

I will be running a brief workshop on how we teach Relationship, Sexual and Health Education (RSHE) and there will be opportunity to see some of the materials we use on Tuesday 26<sup>th</sup> March at 2:30pm in the junior school hall. If you are unable to attend the session and would like to see a sample of the materials we use, please email the school office.

If you would like a copy of our policy, please ask for one from the office.

If for any reason you do not want your child to participate in all or part of these lessons, please could you make an appointment to see your child's class teacher as soon as possible, or send a letter stating you wish your child to be withdrawn from these lessons.

Yours Sincerely,



Ayse Thomas