



South Haringay School  
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*21<sup>st</sup> April 2023*

Dear Parents/Carers,

Your child had been chosen to compete in Haringey Gymnastics Tournament.

The Tournament will be held at Hornsey School for Girls on Friday 28<sup>th</sup> April 2023. Your child will leave school at 11:30 and will return to school by 15:30.

Your child will need to have a packed lunch on the day. Please make sure that your child's packed lunch is as healthy as possible with no nuts, fizzy drinks or sweets. If your child is normally free school meals, they will be provided with a packed lunch.

This event will be held indoors. Please provide your child with a sports kit suitable for gymnastics. You may also want to provide them with tracksuit bottoms and a top to keep warm whilst travelling to the tournament.

Yours sincerely,

Adam Alon  
Head Sports Coach at South Haringay